

FOOTNOTES

WALK MS 2015 WRAP-UP NEWSLETTER NATIONAL MS SOCIETY, GREATER CAROLINAS CHAPTER

GREETINGS FROM THE WALK MS TEAM

It is with great pride that we conclude the Greater Carolinas Chapter 2015 Walk MS campaign! This year was one of change, ingenuity, creativity, and teamwork. January began with the hiring of two new development coordinators, Verena Rojas and Emily Silva, who joined Development Director Emily Connor and Customer Service Coordinator Beth Nolen to complete the Walk MS team. We utilized resources, cultivated new relationships, and brought the world one step closer to living free of multiple sclerosis.



Walk MS is the rallying point of the movement against this disease. This year, nineteen events were held throughout our chapter area. Despite rain, sun, or wind, more than 8,000 individuals gathered across North and South Carolina: some live with MS; others love someone who does. Each came to make a difference, and they did. More than \$1.2 million were raised, which will fund cutting-edge research and life-changing services for individuals living with MS.

The pages enclosed offer a description and visual of each Walk MS event of 2015. To each walker, virtual walker, team captain, donor, task force member, volunteer, or combination of these: thank you. To the Walk MS title sponsor, Modern Automotive, and presenting sponsor, Biogen: thank you. It is impossible to articulate our appreciation for your generosity of time and resources. Without you and all of our event sponsors, this event and what it yields would be impossible.

CONNECT WITH US ONLINE:

www.walkms.org
nct@nmss.org
MSconnection.org



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Our hope is to one day not have Walk MS events. No event means no fundraising; no fundraising means we've found a cure. That day will come but, until it does, we walk on.

With love,

The Walk MS Team

WALK MS: TRIANGLE

Walk MS: Triangle took place Saturday, April 11, 2015. With the sun shining, people from all around the Triangle came together to take steps in creating a world without MS. Music played by artists TrainWreck and Katelyn Read added to the fun atmosphere, as did food trucks serving a variety of delicacies!



**Thank you for your
participation and
support!**

Top Teams

1. Biogen (\$49,599.85)
2. Chrissy's Crew (\$35,576.58)
3. Endure (\$25,125.00)
4. The Great Kate Migration (\$24,276.96)
5. Team Ivy Cottage Collection (\$20,260.00)

Top Participants

1. Anthony Poggioli (\$34,691.58)
2. Jennifer Froning (\$11,835.00)
3. James Scalise (\$9,160.00)
4. Karen Whiting (\$5,795.00)
5. Jo Haines (\$5,347.58)

Achieved: \$428,828.58



WALK MS: WILMINGTON

Pouring rain didn't stop the greater Wilmington area from coming to walk together to end MS at Walk MS: Wilmington 2015! Participants raised much more money than anticipated and more participants than expected came. The event was a huge success!



Achieved: \$65,181.60

Top Teams

1. MS Moments (\$11,061.00)
2. Harris PHamily (\$5,484.000)
3. Lake Forest Baptist Church (\$4,855.00)
4. We Conduit! (\$4,435.00)
5. Cape Fear Martial Arts (\$4,425.00)

Top Participants

1. Donna Moscato (\$4,435.00)
2. Brian Little (\$4,101.00)
3. Pamela Stocker (\$2,755.00)
4. Jessica Curtis (\$2,205.00)
5. Lisa Burns (\$1,925.00)

WALK MS: GOLDSBORO

Achieved: \$29,423.02

Walk MS: Goldsboro was a great day this year! Hundreds of participants and volunteers came out to support one another in the fight against MS. On Saturday, April 25th, group was successful in beating its fundraising goal this year!

Top Teams

1. SOS (\$19,187.13)
2. Wayne Clerks Family & Friends (\$1,951.89)
3. High Steppin' (\$1,829.00)
4. Team Smith (\$1,215.00)
5. Walking With Joy & Determination to Fight MS (\$765.00)

Top Participants

1. Jennifer Sutton (\$18,437.13)
2. Sandra Barnes (\$1,496.89)
3. Addison Artis (\$714.00)
4. Heather Godwin (\$525.00)
5. Elizabeth Griffin (\$500.00)



WALK MS: GREENVILLE, NC

Despite clouds and some rain showers, participants came together at Walk MS: Greenville for a day of fun and comradery in the fight against MS.

Top Teams

1. The Go Getters (\$3,919.00)
2. MS is BS! (\$2,425.00)
3. Mikki's Movers (\$2,006.00)
4. Kim's Soul Sisters (\$1,040.00)
5. The Angels (\$885.00)

Top Participants

1. Lori Bunn (\$2,600.00)
2. Annette Holliday (\$2,340.00)
3. Jason Spruill (\$1,470.00)
4. Karen Monroe (\$1,185.00)
5. Karen Bailey (\$1,042.00)

Achieved:
\$22,975.78



WALK MS: FAYETTEVILLE

Through the torrential rain, Walk MS: Sandhills participants came to walk, mingle, and fundraise their way to a world free of MS. Teams gathered at Honeycutt Park in Fayetteville on Sunday, April 19, 2015 under tents, umbrellas, and ponchos to bring shining smiles and warm hearts to a dreary-weathered day.

Top Team

1. Walk for ALL (\$11,527.00)
2. PaMSpals (44,918.20)
3. Team Jason (\$2,260.00)
4. The Brew Crew (\$2,055.00)
5. Cross Creek Animal Hospital (\$1,412.00)

Top Participants

1. Linda Lockamy (\$5,235.00)
2. Mark Wonderly (\$3,040.00)
3. Heather Sapp (\$1,800.00)
4. Vivian Smith (\$1,395.00)
5. Kim Suggs (\$1,030.00)

Achieved:
\$32,314.01



WALK MS: CHARLOTTE

1,200 participants at Walk MS Charlotte joined together with a fantastic live band, great food, and fun kid activities! Participants enjoyed a diverse community coming together for one goal in common on Saturday, May 2nd – to help find a cure to MS.

Top Teams

1. Bank of America (\$27,245.00)
2. STEP it Out Against MS (\$9,766.67)
3. Team Sandy (\$9,715.00)
4. Plyler's Posse (\$7,920.00)
5. Travelers (\$47,108.47)

Top Participants

1. John Hiebendahl (\$20,080.00)
2. Ben Stepowany (\$7,181.67)
3. Devi Lynch (\$4,534.58)
4. Sandra Wurzburger (\$4,410.00)
5. Mick Goodfellow (\$4,335.00)

Achieved: \$185,334.09



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Walk MS 2015 Footnotes Newsletter

WALK MS: COLUMBIA

Walk MS Columbia was an amazing event where the community really came together on Saturday, April 25th. The food, music, team village, and route along the canal made it unique to Columbia.

Top Teams

1. St Michaels Angels (\$5,526.33)
2. Palmetto Infusion Services (\$3,882.00)
3. Team Clemmons (\$3,140.00)
4. Ginger's Storytellers (\$3,066.00)
5. Barkey Malarkey (\$3,045.00)

Top Participants

1. Katrina Sharpe (\$3,677.00)
2. Ginger Riberdy (\$2,300.00)
3. David Kleinfelder (\$1,620.00)
4. Kristin Clemmons (\$1,574.00)
5. Curtis Collins (\$1,565.00)



Achieved: \$55,189.66

WALK MS: CHARLESTON

Walk MS Charleston took place on Saturday, April 11th at the beautiful Hampton Park with majestic trees surrounding the route. Participants had the luxury of exploring the scenic city of Charleston after the event!



Achieved: \$35,103.75

Top Teams

1. Team Conti (\$4,770.00)
2. Little Bit (\$3,305.00)
3. Sassy SueLindas (\$2,518.00)
4. Every Nerve Counts (\$2,200.00)
5. Walk, Wobble or Roll (\$2,110.00)

Top Participants

1. Stephen Conti (\$4,770.00)
2. Stacy Stewart (\$1,835.00)
3. Katherine Vickers (\$1,760.00)
4. Rhonda Copeland (\$1,090.00)
5. Amanda Bishop (\$905.00)

WALK MS: AIKEN

Walk MS Aiken took place on Saturday, March 28th in a quaint South Carolina town where the community came together for one purpose despite the chilly weather!

Top Teams

1. The Woodside Walkers MS Cure (\$6,863.00)
2. Tony's Troops (\$6,074.44)
3. Aiken Area Myelinators (\$1,435.00)
4. Kennedy Eagles (\$1,322.00)
5. Ashley's Hunters (\$1,300.00)

Top Participants

1. Frank Shallo (\$6,813.00)
2. Chad Cato (\$5,950.07)
3. Annette See (\$1,095.00)
4. Sophia Armstrong (\$555.55)
5. Ashley Burnett (\$385.00)



Achieved: \$20,213.99

WALK MS: SPARTANBURG

Walk MS Spartanburg took place in picturesque Cleveland Park, where our participants make their way around a scenic lake and gazebo.



Top Teams

1. Sharon's Streakers (\$3,955.00)
2. Rockin Robin (\$3,010.00)
3. Family Strong (\$1,845.00)
4. Gretchen's Gang (\$1,437.00)
5. Frieda's Cruisers (\$775.00)

Top Participants

1. Sharon Snyder (\$3000.00)
2. Robin Newsom (\$2,590.00)
3. Jennifer Ammons (\$1,780.00)
4. Dottie Scott (\$730.00)
5. Tracy Garner (\$605.00)

Achieved: \$18,243.50

WALK MS: GREENVILLE, SC

Walk MS Greenville took place on Sunday, April 12th at the scenic campus of Furman University where our participants walk through modern and sophisticated buildings, making their way around a gorgeous lake.

Achieved: \$45,761.19



Top Teams

1. Team Cytec (\$6,565.50)
2. Goldman (\$4,745.00)
3. Team CassRox and Bonnie (\$4,607.25)
4. Jersey Girl & Company (\$2,065.00)
5. Karen's Krew (\$1,455.00)

Top Participants

1. Robert Harbin (\$6,702.00)
2. Blake Goldman (\$2,715.00)
3. Dan Beals (\$2,683.00)
4. Elizabeth Moore (\$2,151.00)
5. Sybile Vole (\$1,805.00)

WALK MS: WESTERN

Walk MS Western was unlike any other! This Fletcher-based walk was so unique with food trucks and an amazing wellness fair! It was a volunteer lead event and walkers got a real taste of Western, NC by participating in the walk on Sunday, April 19th!

Top Teams

1. Melanie's Merry Marchers (\$8,015.00)
2. NPK's Angels (\$2,888.50)
3. Carries Crusaders (\$2,797.00)
4. Katey's Krusaders (\$2,070.00)
5. Mel's Miles (\$1,695.00)

Top Participants

1. Cathy Sigmon (\$5,800.00)
2. Wanda Love (\$3,965.00)
3. Carrie Calton (\$2,671.00)
4. Melanie Love (\$2,470.00)
5. Linda Kovach (\$1,745.00)

Achieved: \$43,555.50



WALK MS: CABARRUS-ROWAN

Walk MS Cabarrus-Rowan is a fun and energetic event! The 3 mile route took our walkers through the quaint city of Kannapolis on Saturday, April 11th.



Top Teams

1. In Memory of Gerald Moore (\$5,942.00)
2. Apple's Dumpling Gang (\$4,364.00)
3. Cabarrus MS Xpress (\$3,555.00)
4. M&M Warriors (\$3,550.00)
5. JennLynne Wiener Walkers (\$2,955.00)

Top Participants

1. April Plemmons (\$4,405.00)
2. David Maulden (\$1,865.00)
3. Dawn Sapp (\$1,520.00)
4. Renae Johnson (\$1,500.00)
5. Marsha Berry (\$1,235.00)

Achieved: \$33,418.50

WALK MS: SHELBY

Walk MS Shelby was a small but energetic community of individuals passionate about multiple sclerosis on Saturday, April 18th. Everyone enjoyed the community support and involvement while listening to great music!

Top Teams

1. Lorie's Dream Team (\$2,323.00)
2. Randys Rowdy Rascals (\$1,215.00)
3. Too Inspired To Be Tired (\$635.00)
4. Cooper (\$620.00)
5. Miles for Marshall (\$460.00)

Top Participants

1. Randy Raynor (\$740.00)
2. Doreen Cooper (\$525.00)
3. Lauren Hefner (\$400.00)
4. Aftan Smith (\$325.00)
5. Ashley Elmore (\$310.00)

Achieved: \$6,945.66



WALK MS: NC ZOO

On Sunday, April 26th, Walk MS: NC Zoo was the largest site in the Triad with more than 500 participants on Sunday, July 26th. MS walk participants enjoyed a 'walk on the wild side.' We hosted MS information stations throughout the zoo for walkers and the general public.

Top Teams

1. Team Victorious (\$6,874.00)
2. Pirates with a Purpose (\$5,760.00)
3. That Girl's Team (\$3,040.00)
4. Team Madagascar (\$2,950.00)
5. Wake PAmily (\$2,923.00)



Top Participants

1. Ronald Roe (\$14,250.00)
2. Shelby Phillips (\$2,230.00)
3. Jennifer Ritch (\$2,004.00)
4. Gail Saunders (\$2,000.00)
5. Jocelyn Chrisley (\$1,710.00)

Achieved: \$65,160.07

WALK MS: GREENSBORO



On Saturday, April 11th, Walk MS: Greensboro spanned two parks this spring, gathering at Jaycee Park and walking through Country Park. Highlights included music by DJ Small Wonda, warm-ups by iAlign Dance Company and a very popular KidZone.

Achieved: \$36,965.12



Top Teams

1. Nora'ology Ninjas (\$4,055.00)
2. Jim's Gem (\$3,100.00)
3. Team Zack Swanson (\$3,020.00)
4. Starmount (\$2,345.00)
5. Divine Sunshine (\$2,201.00)

Top Participants

1. Debbie Reynolds (\$2,170.00)
2. Nora Cherubini (\$1,320.00)
3. Trudy Menzzento (\$1,320.00)
4. Shawna Hamlett (\$1,085.00)
5. Stephanie Turkett (\$1,080.00)

WALK MS: TANGLEWOOD

While we have cycled in Bike MS: Tour to Tanglewood at Tanglewood Park for years, this was the first time we walked its winding, wooded trails. On Saturday, May 2nd, highlights of this day included the Wag MS pooch parade, an appearance by the Wake Forest Demon Deacon and music by DJ Dean Boulware.

Top Teams

1. Modern Automotivators (\$16,992.50)
2. No MSing Around (\$7,170.00)
3. Desert Strom Dennis (\$2,850.00)
4. Habib Cougars (\$1,780.00)
5. North Davidson HS AFJROTC (\$1,263.37)

Top Participants

1. Arnita McGee (\$7,762.50)
2. Angela Foster (\$2,536.50)
3. Jennaira Massey (\$1,824.00)
4. Darnell Crews (\$1,500.00)
5. David Hernandez (\$1,372.00)



Achieved: \$37,489.07

WALK MS: WILKESBORO

We moved to West End Medical Park this year and walked by Mulberry Fields and the Yadkin River along the Greenway. On Saturday, April 18th, the weather was glorious and walkers were greeted by the aroma of award-winning Brushy Mountain Smokehouse Creamery barbecue.



Top Teams

1. My Saviour Gives Me Strength (\$673.00)
2. Team Jossiee (\$435.00)
3. NO MSING AROUND (\$292.00)
4. Team Carol (\$276.01)
5. East Wilkes Beta Club (\$255.00)

Top Participants

1. Jossiee Vazquez (\$400.00)
2. Gay Scott (\$350.00)
3. Scotty Vestal (\$190.00)
4. Destiney Cummings (\$125.00)
5. Angie Shore (\$125.00)

Achieved: \$2,583.01

WALK MS: ROCKINGHAM COUNTY

On Saturday, April 11th, this walk had southern appeal and charm. Highlights of the day included lunch under the trees of the Penn House lawn, door prizes including handmade quilts and Squealing Pig hot dogs.

**Achieved:
\$21,515.00**

Top Team

1. Wal-Mart Walkers (\$5,340.00)
2. Missy's MS Fight Club (\$4,780.00)
3. Tim's Team (\$3,323.00)
4. Pucketts for Tammy (\$1,640.00)
5. Team ZAP (4920.00)

Top Participants

1. Libby Witham (\$5,085.00)
2. Melissa Miller (\$4,500.00)
3. Mary Apple (\$1,375.00)
4. Pamela Turpin (\$1,020.00)
5. Sandra Puckett (\$840.00)



2016 WALK MS

Plans are underway now to make our 2016 Walk MS season our best yet and we want **YOU** to be a part! Want to help with the planning or serve as a Walking Ambassador? Contact emily.conner@nmss.org today!



QUOTES OF THE YEAR

"The location, the food and the wonderful company; it's pure Charleston. A closed-off circle, with centuries-old oak trees overhanging the route, gives you a peaceful feeling as you walk with friends, family, and friends you haven't met yet. Add in breakfast and lunch within a central circle: lake, ducks and all to enjoy it in; nothing could be finer." - Rhonda Copeland

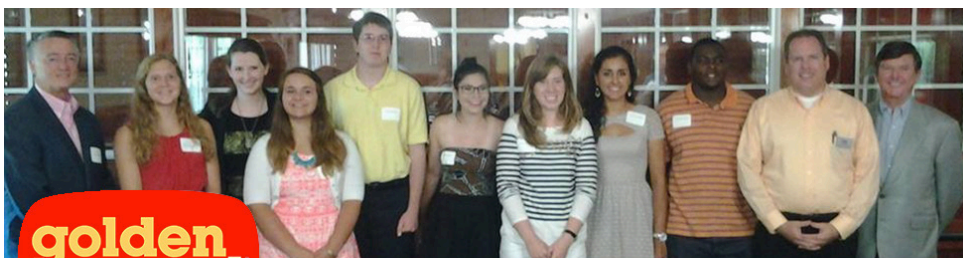
CHARLESTON

ASHEVILLE

Even the miserable weather couldn't 'dampen' the high energy and spirits of everyone there! - Nan Leininger

"That's a tough question! I guess if I had to sum it up in a simple expression, it would be something like... when friends, family & co-workers rally together for a common cause, the positive impact we can have on others people's lives is enormous. I know that's not Greenville specific, but that's what made me really feel great about what we was able to accomplish. As far as Greenville specific goes, the route at Furman University was perfect!" - Dan Beals

**GREENVILLE,
SC**



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GOLDEN CORRAL MS SCHOLARSHIP FUND

MS SHOULDN'T STAND IN THE WAY OF AN EDUCATION

Volunteer by emailing alicia.hyatt@nmss.org or calling 704-612-2705.

Apply for a scholarship!
Applications available Oct. 1st! Check for updated info at www.nmss.org/nct!



**National
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Society**
Greater Carolinas
Chapter

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Registration for 2016 opens in October!



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